

COMMUNITY HEALTH INFORMATION EDUCATION FORUM (CHIEF)

2006 EXECUTIVE SUMMARY REPORT

INTRODUCTION

Community Health Information Education Forum (CHIEF) was, established on the 4th of August 1998, with registration number 11364.

Each year brings to reality of the **organization**

mission to bring health information, education, communication and PHC services to the doorsteps of individuals, families and communities through community involvement and participation, offering alternatives to harmful socio-cultural practices affecting health, thereby promoting ownership and sustainability of health and related programs.

CHIEF primary target are disadvantaged and vulnerable women, the girl-child youths especially the out-of-school-youths, Children under five.

CHIEF vision is to promote grassroots health development, communication and care, in order to reduce morbidity and mortality in a community setting, rural, semi-rural and the urban dense population/slums.

2006 health projects covered Primary Health Care (PHC), STI/HIV/AIDS prevention, and safe-motherhood. Project activities were advocacy, community mobilization and sensitization, peer training, care and support.

CHIEF health project stakeholders were policy makers at national, state and local governments. Community involvement include the traditional settings e.g. traditional, opinion and religious leaders, market men and women leaders, trade masters, women/youth clubs or organizations, the community development committees (CDC) Community Development Associations (CDAs), and Community Based Organization (CBOs).



Stakeholders were encouraged to mobilize local and community resources towards solving their health problems and health projects geared towards ownership and sustainability. The effort yielded fruit from the chairman Lekki development Authority, who approved soft loan ranging from fifty thousand naira to twenty thousand naira to more than one hundred women, interest free, also few were given grinding machines.

Also boat outboard engines worth three hundred thousand were distributed to thirty men, expected to repay monthly interest free also as a revolving fund.

CHIEF in 2006 collaborated and network with other developmental organizations, International, National, State, Local and NGOs e.g. Global Health Council, World Association of NGOs (WANGO), Christian Connection for international Health(CCIH), Ministry of Health/CEDPA, National Action Committee on AIDS (NACA), Lagos State AIDS Control Agency (LSACA), Lagos State Roll Back malaria, Safe-Motherhood, NACCOMIN, NGO summit Group on HIV/AIDS.

Challenges of CHIEF is funding but the organization was able to sustain its four Youth Friendly Resource Centres (YFRC)'

We give glory to god for the vision, wisdom, knowledge, understanding, and strength to carry out the coordinated integrated health projects.

EXECUTIVE SUMMARY

CHIEF strategic work-plan (2004-2007) has been the pillar upon which the Project Management Team (PMT) had been developing STI/HIV/AIDS, Safe-Motherhood, Women's health and Child-Spacing proposals and implementing on-going projects, as the Primary Health Clinics and Safe-motherhood project.

PRIMARY HEALTH CLINICS (PHC)

CHIEF operated two Primary Health Clinics (PHC) in year 2006 one at Gbara in Eti-Osa LGA and the second at Museyo in Ibeju-Lekki LGA. Services provided

are based on the principles of Primary Health Care, promoting the millennium development goals. CHIEF provided the following services, Maternal Health Care (MCH), Family Planning, Safe-Motherhood, Immunization, STI/HIV/AIDS prevention and counselling. Patient/Clients were adequately cared for with respect to individual human and health rights, adopting non discrimination and stigmatization approach. Prompt referrals were made. No mortality recorded at both clinics gradually achieving the CHIEF goal.

CHIEF laid emphasis on community mobilizations and out-reaches, especially on the six childhood diseases and immunization, Safe-motherhood, STI/HIV&AIDS.

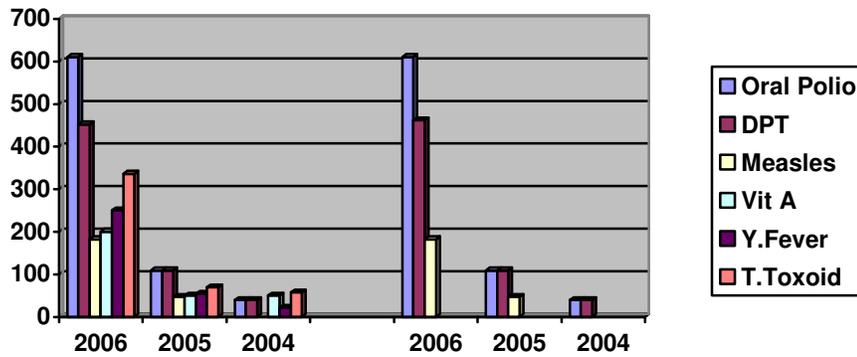
Clinic out-put record

A. Services provided

Health Service	New	Old	Total
Child Health	47	22	69
Adolescent/Men/women	75	57	132
Ante-Natal Clinic	42	85	127
Delivery	12	-	12
Family Planning	6	6	12
	182	170	352

B. Immunization

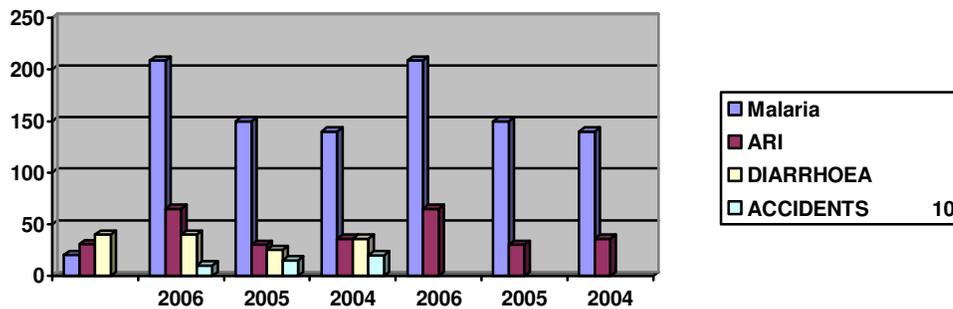
Immunization	2006	2005	2004
Oral Polio	610	109	40
DPT	462	109	40
Measles	182	47	-
Vitamin A	200	50	50
Yellow Fever	250	55	22
Tetanus Toxoid	336	70	58



The graph indicated an improvement in immunization coverage in 2006

C. Diagnosis of minor ailments

AILMENTS	2006	2005	2004
Malaria	209	150	140
Acute Respiratory Infections (ARI)	65	30	36
Diarrhoea	40	25	36
Accidents (RTA/Home)/Wounds	10	15	20



The graph indicated that malaria is endemic in our communities

HEALTH WORKERS CAPACITY BUILDING

The health workers at both clinics attended the following training programs organized by CHIEF and other agencies.

- Stakeholders re-orientation for routine immunization held on the 21st June 2006
- CHIEF/COMPASS organized re-orientation workshop for health workers at Ibeju-Lekki LGA, held on the 11th-12th July, 2006
- COMPASS organized workshop training on developed Nutrition Guideline for Community Based Organizations, held on the 28th September 2006.
- CHIEF/CEDPA organized training workshop on community mobilization for Safe-Motherhood Advocates/Volunteers and Men and Women of reproductive Age (WRA).

PHC COLLABORATION

The Primary Health Clinic (PHC) collaborated with the Church of Epiphany, Gbara to mark the children's day celebration on the 27th of May 2006. The theme was 'Health is wealth' mothers and children were sensitized by Mrs Ronke Oke the vicar's wife who addressed the participant. In her address stressed that children are tomorrow's leaders and that, society without children is a society without the future. In her closing remarks, she remarked that children to be of good behaviour as ambassador of Christ and family.

CHIEF community health worker later screened the participants for High Blood pressure.

2006 SUPPORTED HEALTH DEVELOPMENT PROJECTS

1. COMMUNITY PARTICIPATION FOR ACTION IN THE SOCIAL SECTOR (COMPASS) SUPPORTED PROJECTS

Improving the health Status of Women of Reproductive Age (WRA) (15-45years) project at Ibeju-Lekki LGA, Lagos State commenced October 2005 and ended March 2005. The aim was to promote the health status of Women of Reproductive Age (WRA) 15-49 years in 10 communities of Ibeju-Lekki LGA, Lagos State through integrated reproductive health Behavioural Change Communication and Mobilization Programs.

The activities carried out covered the following communities: Lekki, Osoroko, Okunraye, Folu, and Orimedu, Akodo, and Ibeju town, Igando-Oloja, Awoyaya and Lakowe.

All activities in the project were completed. At the end of the project, 8,547 people were reached in all the 10 implementing communities of the LGA. The figure exceeded the initial 5,000 target set.

Participant's knowledge on reproductive health and health seeking behaviour improved, access and utilization of health facility also improved and increased, The 30 Women Health Advocates (WHA) trained established fund for emergency obstetric preparedness, referrals and child -care.

The Women's Health Advocates (WHA) continued community out-reaches and counselling towards behavioural change, one-on-one and group and continued the distribution of BCC materials to aid information, education communication and counselling

Lessons learnt

- Community has its traditional beliefs and practices on reproductive and women's health, communications and other health related issues, it is necessary to preserve non-harmful practices and build on traditional knowledge, adopt appropriate technology to improve the reproductive and health status of women
- Poverty and unemployment contribute greatly to poor health seeking behaviour of the Women of Reproductive Age (WRA).
- Most women in the 10 communities are unemployed due to the fact that some traditional trades were considered tedious and hazardous e.g. jute bag and Mat weaving, farming, therefore abandoned and everybody now engages in petty trading

2. CHILD SPACING PROJECT IN 10 COMMUNITIES OF IBEJU-LEKKI LGA, LAGOS STATE

The six- month scale-up project started in May 2005 and ended October 2005. The project aimed to promote the health status of Women of Reproductive Age (WRA 15-49 years) through Child Spacing Behavioural Change Communication (BCC). The project covers ten communities, Lekki, Osoroko, Okunraye, Folu, Orimedu, Awoyaya, Akodo, Ibeju Town, Igando-Oloja, Lakowe:, Ibeju-Lekki LGA, Lagos State.

At the onset of the project data collected from the General Hospital and the Primary Health Facilities indicated 11 new acceptors from January- May 2005. At the end of the four-month out-reach conducted by the trained Child Spacing Advocates, and the re-orientation of the Health Workers drawn from General Hospital and the Local Government Primary Health Facilities, there were 27 new acceptors, 48 men accepted condoms during Community Based Distribution (CBD). In all 75 clients new and old attended the Family Planning Clinics at Ibeju-Lekki. There was a significant increase in family planning up-take, which could be improved upon.

The project has heightened awareness and the interest of men. Child-spacing message is now acceptable. Record of out-reach revealed 469 males, 735 females and a total of 1204 were contacted one-one. 2241 males, 2997 females and a total of 5238 group contact were made. A total of 6, 442 men and women of reproductive age were educated on child-spacing during out-reach conducted by the Child Spacing Advocates. The target set was to reach 600 men and women of reproductive age.

National Policy on Population for Sustainable Development (2004), stated that men have reproductive health needs of their own, sexual behaviour of men has implications for the health and well being of their spouses and children, men play dominant roles in decision-making and especially reproduction and sexual matters in the family and community setting.

Therefore, there is need for massive campaign through mass media and radio drama, aired frequently and in local, culturally sensitive language. It was suggested that the project be scaled-up. Child-spacing has suffered a set back in the state and the country, the rise in population can attest to the statement, population activities is an issue that must be addressed, to address the negative effect, detrimental to women's health, the national growth and development. Male involvement is crucial to effective child-spacing and Family Planning.

Lessons' learnt

- Men have preconceived notion that family planning encourages promiscuity
- The community in the past believed in child-spacing however this was not related to women's health
- With male involvement approach, men could be an agent of change in child-spacing
- Poverty remains a big issue in seeking health care
- With adequate advocacy, there could be positive policy change

3. GHAIN SUPPORTED PROJECT

The project started on the 1st May 2005 and ended on the 30th June 2006.

The goal of the scale-up project was to reduce HIV/AIDS/STIs among out-of-school youths and disadvantaged young women in Ajeromi, Ifelodun, Ojo, Oto-Awori, Iba, Yaba and Ebute- Metta local government areas of Lagos state

Out-reach activities were conducted by the trained Peer Educators'. They served as lay counsellors, counselling their peers one-one-one and group at places of apprenticeship and at various community based youth associations and clubs. They also reached out to other youths during socio –cultural events. Behavioural Change Communications (BCC) was distributed during their counselling sessions and at different events. The aim of the peer educators counselling is to reinforce teaching and learning. All counselling centred on

various topics learnt during the Peer educators training and questions were entertained from the counselee. The bottom-line is to pass on the message of HIV AIDS prevention, make referrals to the Youth Friendly Resource Centres (YFRC) and for Voluntary Testing and counselling. As at the end of the project 27, 302 (14, 166 Males and 13, 136) were reached.

Lessons learnt

Once there is effective inter-personal communications and education on self value, what makes youth vulnerable and how AIDS could be prevented; there is improvement on reproductive and sexual decision- making.

Youth could also be an agent of transformation for behavioural change.

4. CEDPA/MACATHUR SUPPORTED PROJECT

The project promoting Safe- motherhood in Agbowa community, Ikosi-Ejirin

Local Development Authority, Lagos State started in January 2005 and will end in December 2007.

After the baseline research and findings, the issue of preventing the **three delays** to safe-motherhood also became priority among Women of Reproductive Age (WRA) in Agbowa: The three delays as identified under safe-motherhood initiatives are;

1. **Delay in recognition** of the need for urgent care due to ignorance and some cultural inhibitions in some places.
2. **Delay in getting to the venue** of care due to poor roads or lack of transport
3. **Delay in getting quality care** when the woman gets to the referral centre.

The main goal of the project therefore is to raise awareness on safe-motherhood and community preparedness for emergency obstetric care among women of reproductive age (15-49 years) and families in Agbowa Community, in Ikosi-Ejirin Local Government Area of Lagos State.

The project is still on-going with the support of stakeholders and community involvement

So far lesson's learnt are:

- when community are involved in programming they take responsibility for their health and that of others
- Traditional practices influences emergency obstetric out-come
- Poverty is the main reason for poor attendance at the government health facilities
- Continued information, education and communication empowers the stakeholders and the community

YOUTH –FRIENDLY- RESOURCES CENTRES (YFRC)

CHIEF still operates three youth friendly resource centres after the end of the GHAIN supported STI/HIV/AIDS prevention program at Ojo, Ajegunle and Lagos-Mainland LGAs of Lagos State. The following activities are carried out at the centres;

- Counselling on reproductive health, STI/HIV/AIDS, Drug abuse
- Referral point
- Recreation centre for the out-of-school
- BCC material distribution
- Networking with Community Based Youth Organizations

At the end of the year 2006, four hundred and sixteen (416) males and two hundred (251) , a total of six hundred and seventy three out -of -school -youths (673) accessed the Youth Friendly Resource Centre (YFRC)

BCC Materials Distributed at the Youth Friendly Resource Centre (YFRC)

Posters-156

STI/HIV/AIDS Booklets- 128

Hand Bills-207

Challenges

- Continued sustainability

AWARDS

During the reporting year the organization receives two awards;

- Appreciation award by the Rotary club of VGC
- PSR Development in Nigeria Merit Award at Abuja women's centre on the 20th May 2006

CAPACITY-BUILDING TRAINING ATTENDED BY PROJECT MANAGEMENT TEAM (PMT)

- UNFEM Nig Gender mainstreaming workshop
- Management and Development of NGOs (Galilee College, Israel)
- 2006-2010 HIV/AIDS strategic plan development workshop
- 2006 Global Health Council Conference
- CEPDPA CHBC Incitation workshop
- USA PEPFER for AIDS relief workshop
- COMPASS organized workshop nutrition guidelines for community based groups

BOARD OF TRUSTEES MEETING

The annual board of trustees meeting was held late last year, due to project implementations at different sites and the busy schedule of the members' board of trustees. However, members were kept abreast of projects and activities carried out in year 2006. It was also a forum to remind members of their roles as

The meeting held on the 22nd of December 2006 at CHIEF Gbara headquarters. It was a forum to discuss, successes and challenges of the organization and immediate, medium and long term solution were preferred. It was also a forum to meet and reward diligent staff, as the accountant was rewarded as the best worker of the year. All other staff was also rewarded.

2006 ACCOUNTS

PRIMARY HEALTH CLINIC ACCOUNT

The Primary Health Clinic generated Four hundred and twenty thousand two hundred and ten naira (N429, 210) for clinic services, the total expenditure was three hundred and eighty three thousand naira, nine hundred and ninety-five (N383, 995). There was an increase over the three hundred and eighty thousand naira generated last year.

2006 HEALTH PROJECTS ACCOUNTS

Different accounts maintained were based on the supporting agencies policy and guidelines. Transparency, accountability and due process were the watch words of the organization. The project manager is accountable to supporting agencies, while the accounts officer reconciles all accounts systems with the bank transactions and statements. Stated below are the 2006 accounts:

THE RECEIPT AND PAYMENT ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER, 2006 RECEIPT

Grant from GHAIN	=N=
Grant from COMPASS	1,931,362.85
Grant from CEDPA	2,407,207.83
	<u>688,850.00</u>
	5,027,420.68

PAYMENT

Personnel salaries	1,442,250	
Consultant/Fees	18,000	
Travel/Transport	975,540	
Office expenses/Supplies	930,889.45	
Other Direct cost/trainings	1,041,134.51	4,407,813.96
Excess of receipt over payment		619,606.72

Note: The sum of two hundred and eighty eight thousand seventy six naira eighty five kobo (N288, 076.85) was returned to GHAIN while the balance was carried forward by COMPASS in continuation of the project.

CONCLUSION

Year 2006 was the peak of CHIEF project activities implemented, 42 projects activities were carried out and 34 out-side programs were attended by the health workers and the Project Management Teams (PMT) also, there was significant improvement in Primary Health Clinic service provided.

Therefore, CHIEF is gradually achieving its set goal of reducing morbidity and mortality in communities, thereby contributing to health development in Lagos State, Nigeria.